

HOOPERS SCHOOL BELL #8

ÉOES - A Happy Place to Live, to Learn, to Grow

April 2025

Principal: *Mrs. Alanna Sampson* Vice Principal: *Mr. Joe Amundrud*



5413-53 Street, Olds, T4H 1S9 403-556-8477 Email: olds.elem@cesd73.ca Website: oldselementary.ca

April Principal's Message:

Student Safety and Security at ÉOES

As parents and teachers, nothing is more important to us than the safety and security of our children. Each school day, we have the honor of supervising more than 575 students entering École Olds Elementary School for a day of learning activities. Accompanying these students are teachers, support staff, and parent volunteers who work together to make our school a safe and caring place for children to learn. The safety of all children attending our school is of the utmost importance. Here are a few of the steps that we take at ÉOES to address this:

• Supervision: Outside supervision begins at 8:25am including the cross-walk and bus area (before and after school). Recesses and noon hours are also supervised.

• Parking Lot: Each day before and after school, we close the gates to the parking lot in front of the school. We ask drivers who have vehicles in this lot to wait until the gates are opened by school staff before driving your vehicle. We do this because of the large number of students and their siblings that sometimes end up in this space.

• Security Plan: Our school security plan informs all staff of the procedures to be followed for fire drills, lockdowns, tornado safety, first aid treatment and emergency evacuations. We practice these drills and evacuations at various times throughout each year.

• Curriculum Content: The concept of safety is integrated into the curriculum. For example, in Physical Education classes, students are coached on how to play safely. In the health curriculum, safety is a prevalent topic.

• Special Programs: Every opportunity is taken to provide students with safety education. Safety programs are offered in cooperation with the Olds Fire Department, the RCMP, and the Chinook's Edge Transportation Department. As well, all of our students in grades 1 to 4 have the opportunity to learn to swim through our Physical Education program.

We also appreciate the additional layer of safety and security that comes in the form of the hundred or so parents who visit our school each morning and afternoon to pick up and drop off their children. When it comes to safety, there is no doubt that we benefit from raising our children in a close-knit rural community like Olds. On behalf of all our staff, thank you for your continued support.



Dropping off & Picking Up Your Child

Morning Drop Off

- Morning bell rings at 8:35am. Students can be dropped off at the school no earlier than 8:25am and head towards their classroom area.
- If you will be later than 8:35am, please have your child use the front entrance, as all other doors will be locked.

After School Pick Up

• All student will be dismissed at 3:10pm. Students will exit to their predetermined meeting spots, buses or walk home.

Our Bell Schedule

Sometimes it is hard to know when is best to pick your child up for an appointment so below, please find our current bell schedule:

***8:25am Doors open to students

8:35am Start of Class



8:42am O'Canada

- 10:10am-10:23am Recess for all grades
- 11:55am-12:25pm Lunch for all grades
- 12:25pm-12:50pm Recess for all grades
- 1:55pm-2:08pm Recess for all grades

3:10pm Dismissal

Please remember that all students need to be picked up at 3:10pm. Thank you!



Weather changes: Please send appropriate outerwear for the weather AND...WE WOULD APPRECIATE AN EXTRA SET OF CLOTHING IN EACH STUDENT'S BACKPACK. THANK YOU!



PAY SCHOOL FEES ONLINE

Chinook's Edge School Division is pleased to offer the opportunity to pay student fees electronically. The online payment program provides a convenient payment option that saves time. You can make secure online payments by credit or debit card any time and receive a receipt.

Safe. Secure. Simple.

Signing up only takes a moment. Here is how it works:

1. Go to:

https://www.studentquickpay.com/chinook/ or find the link on the Chinook's Edge Website at www.chinooksedge.ab.ca

2. Take a few minutes to register and create an account for your child(ren).

3. Review and pay your child's fees using direct online payment. You can also set up monthly payments - please call Lisa Ormann at the school

If you are having technical issues with your parent account please email feesupport@cesd73.ca for assistance.

The fee schedule can be found on the Chinook's Edge website, www.cesd73.ca , Menu, Students and Parents, School Fees. Scroll down to Olds, and find École Olds Elementary School.

If you have any questions please call the school. Fee waivers are also found on the Chinook's Edge website, under Menu, Students and Parents, then on the left, click on the arrow beside School Fees.



Physical Education Update for April 2025 Mr. Kish

The Month of April will be a busy month as we transition from Winter and move into Spring....

Basketball and Ball Skills



We have been working hard to learn a variety of basketball and ball skills in gym classes. Students can use a variety of ball types and sizes so that they can find some level of success when using it for the skills and drills we do. First, We work hard to learn the elements of ball control through dribbling drills both stationary and by moving with the ball under control with good technique. Then we learn that switching the ball from one hand to the other in front, behind, and under our leg requires lots of practice and focus. We have also worked on passing the ball to the wall by ourselves and also using the bounce pass to a partner.

Students also learned about the Basketball "Key" and how to shoot from different angles and play "Around The World". We use 3 different techniques shooting based on our size and physical abilities; The Underhand Toss, The Two hand Push Shot, and the NBA Flick Shot. The goal is to find what ball and technique works to get the ball in the hoop and score! I also have two Basketball Hoops that are adjusted depending on what grade is in the gym at the time. We will have some fun Team Shooting Challenges which are really intense and teach students how to focus under pressure and practise being a good sport. We also do an 80 and a 160 shot challenge while being timed which is a great class activity!

Grades 3 and 4 have been working on the Class Free Throw (Individual) Shooting Competition. Students work in small groups to help judge a shooter who gets 10 free throw shots to make the highest score. The Top 3 Scores in the Class are the Class Champions!

Grade 1 and 2 students do the Team 80 and 160 Class Shooting Challenges to see which class can do it fastest. (Even our Kinders do a modified fun shooting challenge!)

Curriculum - what's coming up

In April students will perfect their Skipping Skills with the Short Rope and learn how to do Team Long Rope Skipping. We will also explore Hula Hooping Skills and our popular Wall Of Fame Climbing Challenge. Looking ahead The month of May will have us outside again followed by the kids favorite Mission Impossible Challenge Course, Sports Day, and then Gymnastics and Soccer will round out the year. It goes fast!

Swimming - Olds Aquatic Center







All students grades 1-4 take swimming lessons as part of their Physical Education Curriculum. At Olds Elementary we believe swimming is a Life Skill and a necessary skill for Safety. Students are bussed from OES to The Olds Aquatic Center every Tuesday and Thursday during their scheduled times. Parents are welcome to watch! Please follow Olds Aquatic Guidelines for spectating. Teachers will be requesting any prior Swim Lesson Information you may have kept for the Pool Instructors to use when they set up groupings for instruction. Students will receive 6 lessons. Please check in with your child's teacher for the swimming lesson schedule.

Grade 4 Floor Hockey - The Play-offs and Finals are coming!

All grade 4 Floor Hockey Teams have battled hard this winter in their League games and the Top Teams have made it to a Play-Off Round.

The four Teams that advance to the Play-off round are; The Mustangs, The Cookie Monsters, The Montreal Canadiens, and The Vegas Vipers. Winners play for the Final and Grand Championship! The Team that ends up as The Champions will get to play against the Teachers and Staff which is always an entertaining time!

Who will be the Champions???





Proper Gym Footwear - the struggle is real...

Please ensure your child can participate in our Gym Activities by following a few basic rules about the Footwear you provide;

- 1. Fancy Boots (especially with high heels) are not appropriate
- 2. Slippers and crocs are not for the Gym
- 3. Shoes should be proper size and STAY on the FEET
- 4. If your child cannot tie laces then please use velcro shoes or teach your child to tie laces
- 5. If your child smashes the heels down on their shoes they become a slip and fall hazard

Would parents please consider checking in with your child about their shoes and if necessary having your child bring home their Indoor Shoes for an inspection over the Easter Break. You might be surprised how they are "wearing or not wearing their



shoes"...?







From the Music Room for April 2025



Mrs. Koch

Happy Easter everyone! This past month we have been practicing hunting for eggs and singing silly (but sensational) songs. And I hope you have been, too.

I do hope you were able to take in some of the Kiwanis Music Festival. I also hope you will consider attending the Grand Concert on April 1 or the benefit concert on April 3 at the Trans Canada Theatre which will feature some of our own students, as well as both the Deer Meadow and the Olds High School students. It's a wonderful night to showcase some of the incredible talent our town

and area have to offer.



This April the Ecole Olds Elementary students will continue to build skills and develop musical literacy as we learn some new spring songs. While the grade three and four choir students continue to prepare for their performance at grad this May.

Families of students in four, please take special note that your child's class will be performing and is already busy preparing. Students are all expected to be there for their special night as they each have an important role.

On Wednesday May 7 at 1:00 pm and 6:00 pm EOES will be hosting the Grade Four Farewell concert.

Thank you so much for supporting our music program!!









April - ÉOES Parent Council



FUN LUNCH

The ordering period for May Fun Lunch is now open and closes Tuesday April 15. Order online @ <u>https://oldselementary.hotlunches.net/</u>. Please pay attention to the Fridays your kindergarten student is and is NOT at school as no refunds can be offered.

PARENT COUNCIL AND FUNDRAISING SOCIETY MEETINGS:

The Parent Council and Fundraising Society meets the first Wednesday of each month. Our next meeting is April 2, 2025 at 7:00pm at the EOES Library or you can attend virtually. All parents/guardians are welcome!

Included in this month's meeting is our **Special Meeting** to hold elections of board members. The election of board members prior to the end of the school year allows a few months of overlap for the incoming members to work with the current members and gain confidence in their role on the board. Most of the board member roles are very low-key and do not require extensive time commitment. Please reach out if you are at all interested.

Available Positions: Chair Co-Chair Secretary Treasurer Directors Social Media Coordinator Fundraising Coordinators Fun Lunch Coordinators



Please email chair@eoesparentcouncil.com if you would like the virtual meeting link.

Follow us on our EOES Parent Council facebook page for updates, and sign up for our volunteer opportunities @eoesparentcouncil

Parent Council Cont...

Lohr-A-Lee Greenhouse Fundraiser!

This Local Greenhouse offers a variety of hanging baskets including strawberries and flowers. Brighten up your yard, porch, deck or order as a Mother's Day gift!

Ordering is available at the below link until May 9, with pick up starting May 10 at the greenhouse. Order early for best selection!

https://www.lalgreenhouses.ca/shop/ecole-olds-elementary-school/9?page=1&limit=30&sort_by=category_ord er&sort_order=asc



COMING SOON



Save the Date: April 17th

Parent Council is hoping to have a little fun with everyone...Pay \$1.00 to BREAK-A-RULE at EOES

So you pay \$1.00 for every rule you want to break (within reason of course). Ex: Wear a hat in school

A message will be sent out at a later date with more information and the rules that are acceptable to break.



SCHOOL FEES ARE DUE







Parents/Guardians: School fees are past due. Please check out your student(s) account through Rycor for any outstanding fees. You are welcome to make payments for as little as \$10.00 a month. Please contact Lisa Ormann in the office at 403-556-8477 to make arrangements. We would appreciate payment by March 17, 2025.

Heads up that swimming fees will be added to students in grades 1-4 soon. When you receive a consent form via email for you to give permission for your student to swim, the fee of \$40.00 will automatically be added to your student account.

There may also be field trip fees added to your student(s) account so please keep an eye out for any additional fees that could be added in the next few months.

We thank-you for being diligent on your school payments



CLC SPRING BREAK CAMP CREATIVE EXPLORERS ACADEMY

April 22nd - April 25th | AGES 8-12 | 8:30am-4:00pm

Welcome to Creative Explorers Academy, a hands-on adventure designed to spark creativity, ignite curiosity, and inspire young explorers! This camp offers a sneak peek into the exciting and enriching experiences awaiting kids at our full summer camps. At the Creative Explorers Academy, campers will dive into a variety of activities that blend STEM (Science, Technology, Engineering, and Math), outdoor exploration, creative crafts, and animal adventures!





FLY THE FLAG FUNDRAISER

Show your Canadian Spirit and your Support for the Rotary Club of Olds fundraising efforts!

Subscriptions to the 3rd annual Rotary Club of Olds Canadian Flag fundraiser are now open!

Show your Canadian and Community Spirit by joining in the celebration of Canada, and at the same time,

raise funds for local community and international charitable projects supported by the **Rotary Club of Olds**.

This year the **185th Olds Royal Canadian Air Cadet Squadron** will be assisting and earning a portion of the proceeds.

Purchasing a ticket for \$75 will give you a 3' x 5' Canadian Flag

installed on your front lawn from

May 12th to July 5, 2025

Rotarians and Cadets will come to install the flag at least a week before the May Long weekend and return after Canada Day to collect them.

Order your flag early!

Thank you for supporting the Rotary Club of Olds

a<mark>nd</mark> 185th Olds Royal Can<mark>adia</mark>n Air Cadet Squadron







Information About Measles

Parents, Guardians, School Staff and Volunteers

Measles cases are increasing globally, with numerous countries and travel destinations reporting outbreaks including the United States, Europe and Canada. So far in 2025, Canada has seen a significant increase in measles cases and a number of jurisdictions have reported measles outbreaks. Cases of measles have been reported in New Brunswick, Ontario, Quebec, British Columbia, Manitoba and most recently, Alberta.

There are no confirmed measles cases at your school at this time; however, it is important that parents are aware of the risk and are supported by Alberta Health Services (AHS) Public Health.

Measles Illness

Measles is very contagious and is easily spread through the air. Some people who get measles can have serious health problems. In rare cases, measles can lead to death.

Measles is a viral illness. Symptoms include fever, cough, runny nose, red eyes, and a blotchy rash. Symptoms usually start 8-12 days after exposure but can take as long as 21 days to appear.

Measles may cause complications including ear infections, pneumonia, seizures, or inflammation of the brain. Complications are more common among children under five years and people who are pregnant or immunocompromised.

A person with measles symptoms should stay home, avoid contact with others, and call Health Link at 811 before visiting any healthcare facility or any healthcare provider.

Protection against Measles

The best protection against measles is to get immunized. Measles vaccines are highly effective.

In order to be adequately protected against measles, individuals born in or after 1970 need two documented doses of measles-containing vaccine.

Date: 2025-Mar-18 Created by: Medical Officers of Health



In Alberta, measles-containing vaccines are available free of charge for eligible individuals. The routine childhood immunization program includes two doses of measles containing vaccine.

For more information about measles-containing vaccines please go to <u>ahs.ca/immunize</u> or talk to your/your child's healthcare provider. Parents and guardians can check that their child has received two doses of measles vaccine by calling Health Link at 811 or by contacting their local local public health or community health center [ahs.ca/info/page17791.aspx]. Individuals who are 14 years of age and older can check their immunization record at myhealth.alberta.ca/myhealthrecords.

Measles Case Response

If measles is confirmed at your school, Public Health will immediately begin working with the school to keep everyone safe and reduce the risk of measles spreading.

To reduce transmission of measles, provincial Public Health guidelines require those with infection and their contacts who are not immune to measles to stay at home and away from others until the risk of spreading the disease is over.

Further, we encourage you to keep children home when showing any signs of illness. Two doses of measles vaccine given before a school measles exposure provides protection against measles and avoids possible exclusion.

Next Steps

If your child is not immunized, or you are unsure about you or your child's immunization status, please call Health Link at 811.

You can also learn more from <u>myhealthalberta.ca</u> about measles, who is at risk, and how it spreads, including:

- immunization: myhealth.alberta.ca/topic/immunization/pages/measles.aspx
- frequently asked questions:
 myhealth.alberta.ca/topic/immunization/documents/measles-faq.pdf
- text "measles" to 88111 for information by text message.

Thank you for your support.

WINTER/SPRING 2025 DROGRAMS

YOUTH (AGES 6 - 12)

LEGO CLUB (Drop-In) Tuesdays 3:30 - 4:30pm

Little STEM Explorers (Register) Thursdays 3:30 - 4:30pm

PRETEENS (AGES 9 - 12)

Minecraft Mayhem: SURVIVAL (Register) Tuesdays 3:30 - 4:30pm

Minecraft Mayhem: CREATIVE (Register) Thursdays 3:30 - 4:30pm

Big STEM Explorers (Register) Thursdays 3:30 - 4:30pm

Roblox Hangout (Register for each event) Jan. 31 (10:30 - 11:30am) | Feb. 21, Mar. 21, Apr. 25, May 16, Jun. 27 (2:30 - 3:30pm)

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© FAMILIES

Family Literacy Day: Literacy Legends Lunch (Drop-In) (FREE) Monday, January 27

Read to Your Loved-One Day (FREE) Friday, February 14

World Storytelling Day (Drop-In) (FREE) Thursday, March 20

Earth Day Planting (Drop-In) (FREE) Tuesday, April 22

LEGO Springtime Spectacular! (Drop-In) (FREE) Submit between May 1 - May 16 Community Vote: May 20 - 23 Winner announced: May 26

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SOFTBALL SKILLS CLINIC May 2-4, 2025

Rimbey Arena

LEARN FROM COLLEGE-BOUND ATHLETES

PITCHING/CATCHING

Friday Only 6:30-7:45 pm or 7:45-9:00 pm

\$25

ALL SKILLS

Saturday & Sunday 10:00 am-4:00 pm **\$75/day or \$125 for both**

Ages 8-16, Boys and Girls

Coaches Taryn Terpsma & Dustin Lloyd

River City Hornets-U19A-Black

rchornets07@gmail.com Dustin: 780-221-9710

Here is the link for registration:

link (https://forms.gle/t2rPxLHcwALoGQeQ9)

MESSAGE TO ALL PARENTS: PLEASE SEND AN EXTRA SET OF CLOTHES WITH YOUR STUDENT(S). WE DO NOT HAVE ENOUGH EXTRA CLOTHING NOR THE PROPER SIZES. WE WOULD GREATLY APPRECIATE THIS!!! THANK YOU



EQUINE EFW

Bowden + Olds, Alberta.

'Horse Inspired Self-Discovery'

Equine Facilitated Wellness presents, " Leadership through horses " sessions...

-Locations- 10 min. north of Olds or at the Bowden Anchor B Arena-



"We are also eligible for child/youth funding through the Jumpstart Program" "EARN 16 High School credits with Olds College, Green Certificate- training available!"

Looking to improve your communication skills, find your voice, increase social connections, confidence and self-awareness...we can partner with horses! Curious about enhancing personal insights, managing stress, setting S.M.A.R.T. Goals? Seeking positive changes in your daily habits and are drawn to nature and animals? Consider... 'Horse Inspired Self-Discovery'...

for 2 hours, once a week/month or a 2-3 day Workshop, Retreat or Camp! I am deeply passionate about developing opportunities for youth and adults to experience personal empowerment, promoting wellness and enriching our learning through partnering with horses and nature! Working and living in a 'life coaching' and horse leadership role for over 40 years with youth and adults has led me to further pursue my certification in....

Professional Equine Facilitated Wellness- Canada! I am grateful to share this opportunity to develop our goal-achieving strengths in our..."Leadership through Horses " sessions!

* Retreats/Camps- half or full day programs

- *EFW sessions run: M-F 9:00-12:00 and 1- 4:30. Saturday/Sunday 9:00- 5:00 pm. Individual sessions (2-3 hours) or small groups of 4 available.
- * No school days, Home School/After School program sessions- M-F 9-12, 1-4 + 3:30- 5:30



A powerful introduction to the 'intuitive power' of horses... By participating in dismounted equine activities we can delve into fun and challenging exercises that blend learning and wellness sessions with youth, adults or families in 1:1 or small group configurations (max. of 4 participants). We explore and practice key elements of developing healthy 'Horse Herd' relationships and brave boundaries with our equine companions while building confidence, mindfulness and positive emotional connections that relate to all areas of our school, work, social and family lives! Great way to become confident and connected for riding lessons too!

Horizon Equine EFW also can be a great introduction if you are wanting to learn how to ride horses through building your confidence and personal awareness. We offer individual/group sessions or a series of weekly, 2-3 hour themed E.F.W. sessions and retreats that include; learning horse safety, herd behaviour/dynamics, leadership development, healthy and respectful relationships, communication styles and body language, social connectedness, decision making and problem solving, stress and anxiety management, empathy, goal setting, team building, personal boundaries and empowerment!

All of these qualities are within us and developed through the horses! Partnering with horses and a trained facilitator builds on our self-awareness, confidence and character through the development of open communication skills, mindfulness and focus, the importance of appropriate body language and the expression of honest and authentic emotions. Join me in our <u>"Horse Leadership "sessions</u> for an experiential (hands on), and enriching learning environment with calming grounding exercises, stimulating cooperative games, and inspiring horse connections that will leave you with an unforgettable personal experience!

> Contact: Colleen Herzog, Owner/Lead Facilitator at Horizon Equine- EFW, RR#3, Site 12, Box 26, Olds, Alberta. <u>403-556-5504</u>

Check out our website at; (<u>www.horizonequineefw.com</u>/ OR <u>info@horizonequineefw.com</u>)
<u>*GIFT CERTIFICATES AVAILABLE*</u>



SUNDAY/ DIMANCHE	MONDAY/ LUNDI	TUESDAY/ MARDI	WEDNESDAY/ MERCREDI	THURSDAY/ JEUDI	FRIDAY/ VENDREDI	SATURDAY/ SAMEDI
	fa	1 April Fools Fun Lunch is open to order for May	2 World Autism Day: Wear Blue Parent Council Meet at 7:00 EOES Library	3	4	5
6	7	8	9 eleme	10	11	12
13	14	15 Fun Lunch ordering is closed for May	16 Staff vs. Gr 4 Students "Famous" Floor Hockey Game	17	18 Good Friday	19
20	21 Easter Monday	22 Spi	²³ ring Bre	24 ak	25	26
27	28	29	30	May 1 Welcome to Kindergarten 6:00pm for 2025-26 school year	2 No School	23