



Hooper's School Bell #5



ÉCOLE OLDS ELEMENTARY SCHOOL

www.oldselementary.ca

OES - A Happy Place to Live, to Learn, to Grow

Thursday, January 13th, 2011

Principal: Mr. Ray Hoppins

(403) 556-8477

Vice Principal: Mrs. Debbie Thompson

FROM THE PRINCIPAL Mr. Ray Hoppins

Health, Wellness, and Physical Activity

True enjoyment comes from activity of the mind and exercise of the body: the two are united. - Alexander von Humboldt

Happy New Year! This month we are celebrating health, wellness, and physical activity. We all know that positive experiences with physical activity at a young age help lay the basis for being regularly active throughout life. The school plays an important role in providing children with these positive experiences. OES offers our students the following:

- A high quality physical education program: A school the size of OES is able to afford a full time physical education teacher specialist. Under the expertise of Mr. Kish, our students experience high quality physical education. Our PE program provides students with skill development, as well as lots of activity and variety. Our program helps students become active for life.
- Regularly scheduled gym time: Every student receives a minimum of two gym periods per week (60 minutes). Sometimes students will receive more. For example, when classes are going to the curling rink for curling instruction, the gym is then open for other classes to use this gym time. This happens during the swimming program as well.
- Regularly scheduled breaks: Recess is a special time for children. Recess time at OES adds up to 55 minutes each day.
- A wonderful playground: Our students have seven different playground structures on which they can choose to play during break times (WOW!). When children play on them they are developing strength and agility. As well, the large playing field area allows students to play soccer and other running games.
- Daily Physical Activity: Schools are now required to provide 30 minutes of physical activity per

day. On days when students do not have gym, teachers schedule activity time into their day.

- Special Activities: There are many fun activities throughout the year that students participate in. Some of these are the Kilometer Club, school walks for friendship, County X-Country Running Meet, Good Morning Basketball, and Hooper's Hoops.

Sixty minutes a day of moderate activity is all that is required for a child to develop well physically. On any given school day our students are provided with enough activity time to almost reach that requirement. Some additional time playing outside after school or involvement in sports or other recreational activities will get them there. Both at school, and at home, we will continue to encourage our kids to run, skip, jump, and play. Their health, now and in the future, depends on it.



OES SCIENCE FAIR 2011



When: École Olds Elementary School will be having its annual Science Fair on Tuesday, February 8, 2011.

Who: All students from Kindergarten to Grade Four are invited to prepare a project and take part.

How to get started: If your child is interested, pick up an information package from the office. It contains an entry form, as well as valuable information for parents interested in helping their child choose a topic. Cardboard tri-folds used for the project backdrop are available at the office at a cost of \$4.00. Also, look for science projects from previous years on display in our school.

Volunteers Needed: We are also looking for parent volunteers to help on the day of the Science Fair to judge students projects. If you are interested, please fill out the volunteer form that will be sent home with your child next week.

DATES TO REMEMBER:

Entry forms due	Tuesday, February 1, 2011
OES Science Fair	Tuesday, February 8, 2011

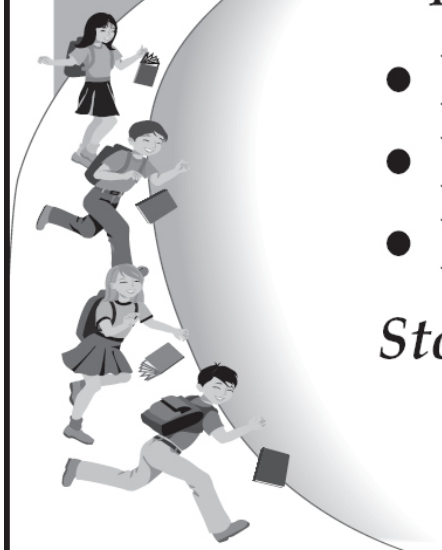


École Olds Elementary School is now accepting registrations for

- Pre-Kindergarten
- Kindergarten
- French Immersion

*Stop by our school or visit us online at
www.oldselementary.ca*

Phone 403-556-8477



MUSIC NEWS

Lois Munchinsky

In December many of you had a chance to hear excellent musical performances from OES students. The grade one classes did a fantastic job of their program: **Melton, the Warm-Hearted Snowman**. The choir also performed their festive songs for the OES students and for their family and friends. Their next performance will be on **Tuesday, February 22nd** for the senior's luncheon at First Baptist Church.

On Wednesday, January 26, we will have a special presentation from the 2-man drama group called Sun Ergos. You can see their play, called "**Moccasin Tracks**", at 10:45 (with the grade 3 & 4 students) or at 1:00 (with the kindergarten to grade 2 students). Their story will emphasize the importance of thinking of others and seeing the world through the eyes of another. If you are curious about this group, you can check out their website at www.sunergos.com

Wellness Education

A Message from the Superintendent

The New Year brings a renewed focus on efforts being made to support health and wellness initiatives in our school communities. Ensuring a healthy physical and social environment in our schools can positively impact student performance and academic achievement, and support our goals to help each student reach their full potential.

Chinook's Edge School Division believes so strongly in the priority of promoting healthy lifestyle choices that we have established a formal policy on Wellness Education. Wellness is a balanced state of emotional, intellectual, physical, social and spiritual well-being, and people throughout our division are working together to

encourage growth in each of these areas. I thank everyone whose efforts are supporting this Chinook's Edge priority, and I wish all of our school families a happy and healthy new year.

Kurt Sacher
Superintendent of Schools

REMINDER

PREORDERED FUN LUNCH DAYS

Please note all students must still bring a healthy snack for the a.m. recess break

Thanks to those students who have returned their forms/money.

Canadian Pizza

Friday, January 14th, 2011



(Includes one piece of pizza, Juice Box and Fruit Gummies)

Quiznos Sub

Friday, January 28th, 2011



(Includes Sub, Juice Box and Snack)

Dairy Queen Hot Dogs

Friday, February 18th, 2011



(Includes a plain hotdog with ketchup and mustard provided, Juice Box and Jello)

C.A.R.E. CLUB UPDATE
Reported by: Joshua J., Keara N.,
Helena H. and Noah M.

COMMUNITY NEWS

CARE CLUB is about helping other people around the world that don't have very much at all – not even schools. In some countries, people's freedom is limited. In some countries, they can't even say NO! In some countries, they have no homes. So after learning all of this, we decided to start our own CARE CLUB. We think it's the best idea ever!

At this point, we have had several speakers, Angham Ali, from Iraq and Baline, from the Dominican Republic of Congo. They are refugees who are associated with the Central Alberta Refugees Effort from Red Deer. We learn about their cultures and why they came to Canada. OES CARE CLUB is a club meant to learn about other children's challenges around the world.

Last year we did two fundraisers and had a few donations that in total raised \$3,659.15! This year we plan to do five fundraisers. We have already completed one fundraiser that raised \$500.00. For this first fundraiser, we brought in our own artwork, took photos of it and created our own ART CARDS. At the same time, we made cards and delivered them to our seniors in Olds to give them a little Christmas Cheer and sent cards to Immigrant Seniors in Red Deer.

Our High School youth leaders, completed two fundraisers, Vow of Silence and We Day t-shirts sales, which contributed approximately \$900.00. All the funds we raise will go towards building a school in India with the organization FREE THE CHILDREN. These kids do not get to go to school. We are trying to raise \$15,000.00.

At the moment, we are in the middle of a Coco Brooks "Hearty Personal" Pizza fundraiser. The order forms will be coming home with each student in our school and will also be available at the school office.

CARE CLUB is a club that hopes to make kids from other places smile and even make adults smile because their children can go to school every day.

GRADE FOUR LEADERSHIP CLUB

INVITES YOU TO CELEBRATE LITERACY BY
DRESSING UP AS YOUR FAVORITE STORY BOOK
CHARACTER ON TUESDAY, JANUARY 25TH

OLDS MUNICIPAL LIBRARY

Story Hour (Ages 3-5)

Experience a semi-structured group activity, which includes stories, crafts, songs, and games. Children become familiar with the library and its routines, and are encouraged to enjoy books and reading. Choose the day that is best for you.

Fee: \$20 per child (Maximum \$40 per family) per session

Tuesdays: 10:00-11:00

Wednesdays: 1:00-2:00

Thursdays: 10:00-11:00

Session 1: January 18-February 24

Session 2: March 8-April 24

Session 3: April 26-June 2

Jr. Reader's Club (Ages 6-10)

Children learn the importance of reading and literacy while playing games, doing activities, and enjoying a wide variety of fun! Everyone in the program receives a log book to keep track of their reading with prizes to be won by all!

(Special Event-April 23-Video Conference with the Royal Alberta Tyrell Museum)

Fee: Free

Wednesdays 3:30-4:30

Session 1: January 19th-February 23

Session 2: March 9-April 13

Session 3: April 26-June 1

Pre-registration is required and all children must have a valid library membership to participate in either program.



Live Q&A With Robert Munsch

Join us at the Olds Library for a LIVE session using U-stream. We will be connecting to Robert in partnership with ABC Life Literacy in Ontario to bring you this event. Refreshments provided! Please let us know if you're coming so we can plan the appropriate sized venue and refreshments. This is part of our Family Literacy celebrations for the month of January.

Fee: Free

Date: Sunday, January 16th

Time: 1:30pm-3:00 pm (GMT)

Live Stream starts at 2:00pm

Call to register: 556-6460

Boys & Working



With Boys' Brains

A workshop for parents, exploring some of the current insights into the physical development of boys and how they process their world at different ages and stages.

Presented by: Eric Perrault

Assistant Principal at Gordon Townsend School,
Adjunct Instructor, Graduate School of Education, Gonzaga University

Cost: \$10

January 17, 2011 - 6:30pm to 8:30pm

Room 955, Olds College Bell e-Learning Centre

To register call Mountain View Community Adult Learning Society at
403-507-7750 or email: mshier@oldscollge.ca



This workshop has been brought to you by
Mountain View County FCSS and
Greenwood Neighbourhood Place.



OLDS RAPIDS SWIM CLUB



FRIENDS FUN FITNESS

Registration Information call 556-6137

Out of the Olds Aquatic Center, the Olds Rapids Swim Club offers competitive and recreational swimming to children aged 6 years old and up. Various skill levels of instruction are available to the swimmer by a certified coach.

Drop in any time for a trial week (3 nights: Monday, Wednesday, Friday) 5:30 p.m. - 6:30 p.m.

This week long camp allows children aged 6-18 an opportunity to experience swim club prior to committing to a full session. The cost is \$25.00. Please bring goggles.

BREAK OF DAY - Wed., January 19th, 2011

PASTA NIGHT!

Dinner out and Childcare - FREE

Third Wednesday of each month

5:00 - 7:00 Dinner

FOR THE SINGLE PARENTS
in our Community (MOMS AND DADS)

5005 - 53rd Avenue

Fellowship Hall West Entrance

First Baptist Church

Call: 403-556-6847

Email: lcpalin@shaw.ca

*commissioned childcare workers

*registrations required to notate

emergency contact numbers,

food allergies, etc.

Parents are welcome to stay and dine, or drop off children for dinner.

To provide an opportunity for a practical break!

FOOD ITEMS CAN BE DONATED. CHECK BACK

FOYER FOR FURTHER DETAILS.

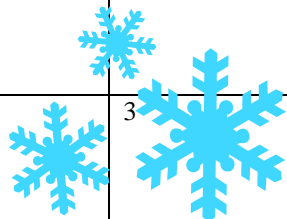
PLEASE RSVP FOR THE COOK'S BENEFIT!

HAPPY WINTER



JANUARY 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5



Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 1

Day 2

Day 3

Day 4

Day 5

Day 6

Day 1

Day 2

Day 3

Day 4

NO SCHOOL

Deadline for Fun Lunch Form and money at 10:00 a.m.

FUN LUNCH DAY

Parent Council Meeting in Art Room At 12:00 p.m.

Choir Practice 3:15 – 4:00 p.m.

Choir Practice 3:15 – 4:00 p.m.

GRADE FOUR LEADERSHIP - DRESS AS YOUR FAVORITE STORY BOOK CHARACTER IN CELEBRATION OF LITERACY DAY!
Choir Practice 3:15 – 4:00 p.m.

Sun Ergos Presentation in OES Gym at 10:45 a.m. & 1:00 p.m.

READ TOGETHER. GROW TOGETHER.
Family Literacy Day is January 27

FUN LUNCH DAY

Science Fair Entry Forms Due

Choir Practice 3:15 – 4:00 p.m.